

WELCOME BACK TO KEY CITY GYMNASTICS!



Welcome to the Fall Session at Key City Gymnastics. We are so excited to see our athletes starting the week of October 5!

Please visit our website to read Key City Gymnastics Covid-19 Safety Plan and amendments. If you have any questions, please reach out to us!

MANDATORY GYMNASTICS BC FORMS

Prior to participating in any programming, all participants must complete a Participant Declaration and Release of Liability, both of which are required by Gymnastics BC. **These forms must have a physical signature/initials and must be handed in before your athlete can begin classes.**

You can email completed forms to office@keycitygym.ca, drop them off in the locked mailbox on the outside of the gym or send them with your athlete to their first day of class.

Some of you may have filled these forms out prior to our summer programs but we will need new forms submitted for the 2020-2021 season.

DAILY SCREENING CHECKLIST

Athletes must also complete and submit a *Daily Screening Checklist* **prior** to entering the facility.

We prefer that this form be filled out online (please remember to save the completed form to your computer before sending) to office@keycitygym.ca the morning of class. If necessary, athletes can hand the form in prior to entering the gym.

This form must be submitted each day your athlete comes to class.

Coaches will not be available to help athletes fill out their form and athletes will not be permitted to fill it out once they enter the gym.

All mandatory forms can be found on our website at www.keycitygym.ca.

GYM DAYS

- All participants should arrive dressed for their class as we have closed our change rooms until further notice.
- Bring a water bottle only.
- Sharing of personal items including (but not limited to) water bottles is forbidden.
- The use of masks is permitted at each person's discretion, however for safety reasons athletes cannot be required to wear masks during activities. Masks must be worn in any situation where physical distancing of 2 meters may not be possible. We highly recommend that masks are worn upon entering and exiting the gym and ask that you regularly check in on government recommendations.
- Please let your child know that their coaches will be following government recommendations and *may* be wearing masks.
- All athletes **must** wear socks.

DROP OFF AND PICK UP INSTRUCTIONS

- **ATHLETE DROP OFF**
 - Please follow the round-about to the backdoor entrance located at the rear of our facility (see video).
 - Parents will remain in the vehicle with their child until a Key City staff member indicates that it is the child's turn to line up on the marking provided and/or to enter the building.

- If you are walking your athlete to the door, please park on the side of the building as shown in the video, be sure to maintain physical distance and line up on the markings provided.
- Junior Gym parents – some programs require parent participation, please refer to your newsletter for instructions to enter the gym with your athlete (coming soon).
- **ATHLETE PICK UP**
 - All participants will exit the building at the front entrance and must not congregate in groups when they get picked up. To facilitate this, we have placed markings outside the exit doors.

Please be **on time to drop off and pick up your children without coming into the gym.

Any parent concerns, questions, and communication will be addressed via email or telephone:

Garry Ricks - headcoach@keycitygym.ca
250.426.2090

Key City Gymnastics Club will post various resources and posters provided by the BC Centre for Disease Control (CDC), WorkSafeBC and GBC on our website, facility entrance, and in prominent places throughout the gym.

We have appointed:

Michelle Ricks
michellericks@keycitygym.ca
250.426.2090

as a single point of contact to address all COVID-19-related communications, compliance, and coordination in the gym.

Thank you!

