



Key City Gymnastics Club
415 Industrial Road A, Cranbrook, BC V1C 4X5
250.426.2090
www.keycitygym.ca

December 7, 2020

GYMNASTICS HAS BEEN RE-OPENED!

Welcome back Key City Athletes, we are so excited to get back to training, you have all been missed!

Classes will resume on Wednesday, December 9, 2020.

ATTACHED IS A COPY OF:

- Updated Key City Gymnastics Covid-19 Safety Plan, explaining new safety protocols and **3-meter distancing** requirements.
- Daily Screening Checklist (updated).

If you have any questions, please reach out to us!

REMINDERS FOR ALL PARTICIPANTS:

- Please remember to submit your Daily Screening Checklist to office@keycitygym.ca before 9:00 a.m. the day of your child's class.
- **MASKS ARE MANDATORY**
All school age athletes and accompanying adults (junior gym), **must** wear a mask into and out of the gym as well as during class time – other than when they do gymnastics skills/activities. Masks are not recommended for children under the age of 2.
- All athletes **must** bring a pair of socks to wear during their gymnastics class.
- Please send your child with a **filled water bottle** (containing water only) that has their name clearly labeled.
- For safety reasons, the **hand sanitizers** we use must be one that is authorized by Health Canada. If your child is unable use hand sanitizer, please contact Michelle Ricks at michellericks@keycitygym.ca and arrangements will be made for him/her to use our handwashing station in its place.

KEEPING OUR AIR CLEAN:

LIFEBREATH HRV

Key City Gymnastics Club is equipped with a [LIFEBREATH Commercial Heat Recovery Ventilation \(HRV\) Unit](#). During the winter months, our LIFEBREATH heat recovery ventilator is designed to provide fresh air into the building while exhausting an equal amount of stale air to the outside.

WHAT WE DO TO MAINTAIN A HEALTHY ENVIRONMENT:

CLEANING PROTOCOLS - KCGC DAILY CLEANING SCHEDULE

- Gym Entrance – a minimum of 3 times/day
- Gym Exit – a minimum of 3 times/day
- Back Entrance Coat Room – a minimum of 3 times/day
- Washrooms – a minimum of 3 times/day
- Athlete Washroom – after each use
- Kitchen – a minimum of 3 times/day
- Equipment Set-Up – after each class

- Athlete Bins – after athlete's class
- Bar Area/Chalk Clean-up – as needed
- Vacuum Gym Carpets – end of day
- Sweep/Wash Floors – end of day
- Baseboards/Window Ledges – as needed
- Full Gym Clean and Fogging – end of day

ACCOUNT UPDATES:

- All accounts will be credited for any missed classes. If you have any questions, please contact:
Melanee Sandberg
programming@keycitygym.ca

Any parent concerns, questions, and communication will be addressed via email or telephone:

Garry Ricks - headcoach@keycitygym.ca

250.426.2090

Key City Gymnastics Club has appointed:

Michelle Ricks

michellericks@keycitygym.ca

250.426.2090

as a single point of contact to address all COVID-19-related communications, compliance, and coordination in the gym.

Thank you!

The Staff and Board of Directors

Key City Gymnastics Club