



Key City Gymnastics Club Communicable Disease Plan

Please note: this document is subject to change following provincial health and safety requirements.

This Club Communicable Disease Plan has been approved by the Key City Gymnastics Club Board of Directors on Tuesday, July 6, 2021.

Key City Gymnastics Club

Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to be always maintained and additional measures to be implemented as advised by Public Health.

Key City Gymnastics Club is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. Key City Gymnastics Club will complete the following:

1. Key City Gymnastics Club will implement policies to support staff who have symptoms or may be sick with a communicable disease (e.g., fever or chills, coughing, diarrhea) so they can avoid being at work while sick.
2. Key City Gymnastics Club will promote hand hygiene by providing the required supplies for handwashing and/or sanitizing stations at our front and back entrances, in our offices, our upstairs gym, the kitchen, the main gym and in all washrooms. We will use signage to remind employees and participants to wash their hands regularly, to use appropriate hygiene practices and to cover coughs and sneezes.
3. Key City Gymnastics Club will maintain a clean environment through routine cleaning processes:
 - All surfaces will be cleaned and disinfected at least once a day; entrances, the gym lobby, gymnastics equipment and other areas with high touchpoints will be cleaned and disinfected frequently, at least twice day – as per WorkSafeBC cleaning requirements.
 - The gym will be cleaned and disinfected at the end of each day using Vital Oxide and a Vital Clean Cobalt Fogger.
 - A professional cleaning service will come in twice a week to carry out a gym clean.
 - Cleaning and disinfecting products are approved by Health Canada and the BC Centre for Disease Control.

4. Key City Gymnastics Club will ensure our building ventilation and fresh air exchange is properly maintained and functioning as designed.
5. To a reasonable extent, Key City Gymnastics Club will support employees in receiving vaccinations for vaccine-preventable conditions.
6. Key City Gymnastics Club is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.