



KEY CITY GYMNASTICS 2021 FALL SESSION

IMPORTANT INFORMATION

We are excited to welcome all our athletes back for the 2021 Fall Session! We just want to give you some important information before we get started next week.

CLASS INFORMATION

- No spectators are permitted at this time. We will let you know as soon as this changes.
- Please drop your athlete off at the back door. As you face the building drive down the left-hand side and drop off at the second door. There will be a coach there waiting to welcome your children.
- Pick up is at the front door.
- Please send a filled water bottle as our fountain is not in use currently.
- Please send a healthy peanut free snack.
- Have your child wear something comfortable; bodysuit, shorts & t shirt, jogging pants etc.
- Please tie long hair back.
- No jewelry is to be worn except for stud earrings.

HEALTH & SAFETY

We received an update from Gymnastics BC and viaSport on September 11 regarding Covid-19. More information can be found [here](#) and is updated as required.

- Masks are to be worn by everyone 12 and up when they are not on the field of play. Children under 12 years are encouraged to wear a mask.
- Please perform a self-assessment for your child prior to their class. If they have any symptoms of Covid-19 please keep them home. Any children at the gym that show symptoms during class will be asked to go home. A coach will contact you to arrange for pick up.
- Adult athletes (those 19 years and older) must show proof of vaccination for indoor and outdoor sport.
- Youth athletes (those 18 years and younger) are exempt from the program and do not have to show proof of vaccination.
- Coaches, trainers, parents, and volunteers who support youth sport are also exempt from showing proof of vaccination.

What is Key City Gymnastics doing to keep our athletes, staff and parents safe and healthy?

- We will continue to have athletes and coaches sanitize or wash their hands on arrival to the gym.
- Coaches will always wear masks while coaching your children.
- Coaches will perform a self-assessment prior to their workday and will remain home if they display any symptoms of Covid-19.
- Our classes are set up so that there is time in between to clean the equipment.
- Fogging with a disinfectant is done each night to ensure surfaces are sanitized.
- Janitors come in twice a week to do a thorough clean of the gym.
- We have a fresh air exchange that has been serviced and is running properly.

Your comfort and safety are very important to us!
If you have any questions, please email office@keycitygym.ca