



KEY CITY GYMNASTICS 2021 FALL SESSION

IMPORTANT INFORMATION

We are excited to welcome all our athletes back for the 2021 Fall Session! We just want to give you some important information before we get started next week.

CLASS INFORMATION

- No spectators are permitted at this time. We will let you know as soon as this changes.
- **One** adult is required to attend class with their children. Please park at the front or side of the building and walk around to the back where a coach will be waiting to welcome you.
- Adults and children will exit through the front door.
- Please bring a filled water bottle as our fountain is not in use currently.
- Have your child wear something comfortable to gymnastics; bodysuit, shorts & t shirt, jogging pants etc.
- Please tie long hair back.
- No jewelry is to be worn except for stud earrings.

HEALTH & SAFETY

We received an update from Gymnastics BC and viaSport on September 11 regarding Covid-19. More information can be found [here](#) and is updated as required.

- The attending adult must wear a mask for the duration of the class. Children under 12 years are encouraged to wear a mask when not on the field of play.
- Please perform a self-assessment for yourself and your child prior to the class. If you have any symptoms of Covid-19 please stay home. Any adults or children that show symptoms during class will be asked to go home.
- Adult athletes (those 19 years and older) must show proof of vaccination for indoor and outdoor sport.
- Youth athletes (those 18 years and younger) are exempt from the program and do not have to show proof of vaccination.
- Coaches, trainers, parents, and volunteers who support youth sport are also exempt from showing proof of vaccination.

What is Key City Gymnastics doing to keep our athletes, staff and parents safe and healthy?

- We will continue to have attending adults, athletes and coaches sanitize or wash their hands on arrival to the gym.
- Coaches will always wear masks while coaching your children.
- Coaches will perform a self-assessment prior to their workday and will remain home if they display any symptoms of Covid-19.
- Our classes are set up so that there is time in between to clean the equipment.
- Fogging with a disinfectant is done each night to ensure surfaces are sanitized.
- Janitors come in twice a week to do a thorough clean of the gym.
- We have a fresh air exchange that has been serviced and is running properly.

Your comfort and safety are very important to us!
If you have any questions, please email office@keycitygym.ca