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October 12, 2021

Dear Parents and Members,

### **BC Mask Mandate Order – Updated October 12, 2021**

Masks are now required in all public indoor settings for all people born in 2016 or earlier (ages 5+) and are strongly recommended for children 4 years of age and under.

There are exemptions for:

- Participants who are in the field of play (taking part in a gymnastics class and/or related activity)
- People who are less than 5 years of age
- People with health conditions or with physical, cognitive, or mental impairments who cannot wear one
- People who cannot remove a mask on their own
- People who need to remove their masks to communicate due to another person's hearing impairment
- People consuming food or a beverage in areas designated for those purposes by KCGC staff
- While communicating with a person who has a hearing impairment.

A face shield is not a substitute for a mask as it has an opening below the mouth

Masks must be worn when entering and exiting Key City Gymnastics Club and in all common areas. This mask mandate includes coaches, athletes and any other individuals who occupy the space. Information regarding this update can be found by visiting: [www2.gov.bc.ca/gov/content/covid-19/info/restrictions](http://www2.gov.bc.ca/gov/content/covid-19/info/restrictions).

### **Interior Health Vaccine Requirements**

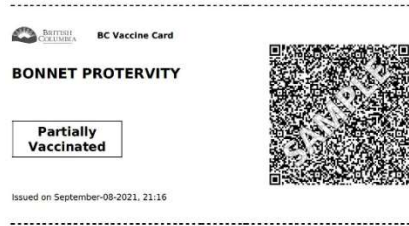
- Vaccine Cards are required by adult participants (22+) to participate in sport activities. Two doses of vaccine are required.
- Vaccine Cards are required by spectators (22+) to observe sport activities in groups of over 50 individuals aged 12+. Two doses of vaccine are required.

### **Vaccination Card – What is Needed**

- Either a digital version or paper copy of your vaccine card
- Photo ID



Digital Version



Paper Copy Example

### [Interior Health Gathering and Events Order](#)

\*No regions in BC require youth (individuals under age 22) or anyone else that is essential to program delivery to present proof of vaccination for sport participation

**As exposures and cases of COVID-19 continue to rise in school age children, Key City Gymnastics Club will be maintaining the following safety measures in our facility:**

- No spectators will be permitted in Key City Gymnastics Club
- The maximum occupancy for each separate area of Key City Gymnastics Club is 50
- Enhanced cleaning protocols
- All participants are required to complete a self-assessment prior to arriving at the gym
- Any participant exhibiting signs of illness will be required to go home

Key City Gymnastics Club would like to carry on with an abundance of caution. We encourage parents to contact us if your child tests positive for COVID-19. This will allow us to carefully monitor all gym activities and if necessary, take the steps needed to keep participants and staff safe.

### **Self-Isolation and Self-Monitoring**

If your child has been exposed to COVID-19 please follow the directions provided to you by your child's school, daycare and/or by Public Health.

1. If your child has been exposed to someone with COVID-19, they will need to self-monitor for 14 days.
2. If your child was determined to be a close contact, they may need to self-isolate. If your child has been asked to self-isolate, please **DO NOT** bring your child to their gymnastics class until it has been established that it is safe to do so.

*For further information on self-monitoring and self-isolation visit:*

<http://www.bccdc.ca/Health-Info-Site/Documents/COVID19-self-isolation-contact.pdf>

*Our Covid-19 Club Representative is Michelle Ricks, she can be contacted at:*

[michellericks@keycitygym.ca](mailto:michellericks@keycitygym.ca)

As we receive new information/guidelines we will communicate them to you in a timely manner and add the additional information to our Health and Safety page at [www.keycitygym.ca/covid-19-information](http://www.keycitygym.ca/covid-19-information).

Thank you,  
Key City Gymnastics Club Staff and Board